

BREAKFAST

SERVED EVERY DAY UNTIL 16:00

SOYO BREAKFAST 16

Eggs of your choice, served with our homemade spreads & mini muesli, bread from our bakery, a side salad and your choice of freshly squeezed juice and hot beverage
Add: smoked salmon dip (£3)

NEW!
FILO BAKED BENEDICT 15
Baby spinach and cheese pastry with poached egg and hollandaise sauce

VEGAN BREAKFAST v 16
Chickpea omelette, served with homemade vegan spreads, bread from our bakery, side salad of your choice and freshly squeezed juice and hot beverage

EGGS BENEDICT Served with side salad

SPINACH & HOLLANDAISE 14

MUSHROOM & CREAM 14

SPINACH, CREAM & SMOKED SALMON 15

SHAKSHUKA 16

Eggs poached in tomato sauce, peppers, herbs, with Israeli salad, schug, tahini & bread

FULL ENGLISH SHAKSHUKA 17

With sausages, onions, aubergine, chickpeas, feta cheese, Israeli salad, schug, tahini & bread

GREEN SHAKSHUKA 17

Two poached eggs with cream, feta cheese, spinach, kale garden peas and za'atar. Served with Israeli salad, tahini and bread

CROQUE MADAM 13

Grilled sandwich with béchamel sauce, mushroom ragu, gouda cheese and fried egg

EGGS CLASSICS

SERVED ON OUR HOME MADE TOASTED BREAD OR BAGEL, AND SIDE SALAD

SCRAMBLED EGGS & AVOCADO 13.5

CRISPY SMOKED SALMON WITH FRIED EGG AND AVOCADO 14.5

AVOCADO, HALLOUMI & FRIED EGG 15

MORNING SWEETS

OATMEAL WITH FRESH FRUITS 9.5

Walnuts, coconut, banana, cinnamon and chia seeds

SOYO MUESLI 9

Served with berry confiture and chia seeds

ORGANIC AÇAÍ v 9

Served with banana, pineapple, granola, coconut and honey

BLUEBERRY PANCAKES 11

Served with sour cream and berry confiture

OREO PANCAKES 11

Served with sour cream and berry confiture

FRENCH TOAST 11

Served with sour cream and berry confiture

NEW!

BAGELS

OPEN CUT BAGELS SERVED WITH SOYO HOUSE SLAW SALAD

EGG SALAD 9.75

Chopped free-range egg, mayo, spring onion and tomato

PIZZA BAGEL 10

Open bagel with tomato sauce and cheese

TUNA MAYO 10

Tuna mix & cucumber slices

SMOKED SALMON & CREAM CHEESE 11

Premium smoked salmon with cream cheese and red onion

CREAMY MUSHROOM AND CHEESE £13

Add toppings: Mushrooms, corn, olives, onions, peppers (+90p)

SANDWICHES

CHOOSE BETWEEN BREAD OR CIABATTA. SERVED WITH HOUSE SLAW SALAD.

OMELETTE 13

With cream cheese, pickles, cucumber and tomato

TUNA SANDWICH 15

Tuna, red onion, pickles, egg and rocket leaves

FETA ANTIPASTI 15

Grilled aubergine, peppers and courgette with feta and avocado

TUNA MELT 15

Smoked salmon, avocado, spring onion, lettuce, garlic & herb dressing

NEW!
TUNISIAN SANDWICH 15

Tuna salad, potato, boiled egg, pickles, harissa and tahini

MOZZARELLA 15

Mozzarella, basil chimichurri, avocado and tomato

HALLOUMI 16

Olive tapenade, grilled halloumi, cream cheese, tomato and pickles

SMOKED SALMON & AVOCADO 16

Smoked salmon, avocado, spring onion, lettuce, garlic & herb dressing

SALADS

ASIAN 16

Cabbage, bean sprouts, rocket leaves, dried cranberries, toasted sesame seeds and coriander with Asian vinaigrette

Add tuna steak for £8.5

AVOCADO 17.5

Mixed leaves, avocado, cucumber, tomatoes, egg and roasted vegetables. Served with French vinaigrette

FETA ANTIPASTI 18

Lettuce, roasted vegetables, cucumber, tomatoes, olives and feta cheese served with basil and lime vinaigrette

ARTICHOKE & GOAT CHEESE 18

Kale and spinach, rocket, carrots, cherry tomatoes, red onion, dried cranberries, toasted cashews, melon, artichoke and grilled goat cheese. Served with honey and mustard dressing

HALLOUMI 18

Grilled halloumi cheese, mixed leaves, cherry tomatoes, red onion, spring onion, walnuts, roasted peppers and mushrooms. Served warm with soy, ginger and sesame dressing

FATOUSH SEA BASS 20

With yoghurt, chopped salad, za'atar, croutons, sumac and feta cheese

SALMON CAESAR 19

Grilled salmon served on mixed leaves, croutons, avocado and parmesan cheese. Served with Caesar dressing

MOROCCAN 17

Couscous, sweet potatoes, mint, coriander, parsley, pomegranate, chick peas, feta cheese and toasted almonds. Served with lemon and honey dressing

NEW!
ENERGISER v 17

Quinoa, couscous and lentils with sweet potato, spinach, red onion, green beans, beetroot, cherry tomatoes, pomegranate and sunflower seeds, with honey and mustard dressing

NIÇOISE 17

Lettuce, tomatoes, cucumber, roasted peppers, green beans, pickles, tuna, red onion, roasted potatoes and egg. Served with French vinaigrette

MOROCCAN 17

Couscous, sweet potatoes, mint, coriander, parsley, pomegranate, chick peas, feta cheese and toasted almonds. Served with lemon and honey dressing

NEW!
MISO SALMON 20

Kale and spinach, broccoli, cabbage, carrots, coriander, salmon with miso, lime and ginger dressing

MAKE YOUR OWN SALAD

1
BASE
4.95

COS & MIXED LEAVES
KALE & SPINACH

MIXED GRAINS
(Quinoa, Couscous and Lentils)

2

INGREDIENTS

+1.00 Olives, carrots, red onion, sweetcorn, cabbage, grapes, cherry tomato, cucumber, fresh peppers, mushroom, croutons, new potato, bean sprouts, tomato, celery, pear, green beans, parsley, spring onion, chickpeas, coriander, peach, pickles, sesame seeds, tortilla shard v

+2.15 Boiled egg, pomegranate, beetroot, garden peas, spinach, kale, broccoli, sunflower seeds, pumpkin seeds, chia seeds, medjool dates, cashew nuts, strawberry, dried cranberries, mango, walnuts, almonds v

+2.45 Roasted peppers, tortilla shard, pak choi, roasted zucchini, avocado, roasted aubergine, sweet potato, artichoke v

+4.00 Tuna, smoked salmon, tofu, feta cheese

+5.00 Mozzarella, halloumi cheese, goats cheese

+10.00 Grilled salmon

+11.00 Seared tuna

+11.00 Grilled seabass

3

DRESSING

HONEY & MUSTARD
BASIL & LIME VINAIGRETTE
MAPLE AND MUSTARD VINAIGRETTE
BALSAMIC VINAIGRETTE

CLASSIC CAESAR DRESSING
TAHINI DRESSING
OLIVE OIL
MISO, SOY AND SESAME DRESSING

BURGERS

SERVED WITH FRIES

SOYO BURGER v 15

Vegan patty with pickles, red onion, lettuce, ketchup and mustard.
Add extra patty (£5)

SALMON BURGER 16.5

With red onion, tomato, pickles, lettuce and garlic herb sauce

CRISPY FRIED FISH 17

With lettuce, tomato and garlic herb sauce. Served on toasted crispy bagel

SOUPS

SERVED WITH BREAD

MUSHROOM 6.5

TOMATO & RICE v 6.5

SOUP OF THE DAY 6.5
Please ask your waiter

QUICHE

SERVED WITH SALAD

MUSHROOM & CREAM 17

SAUTÉED SPINACH & CARMELISED ONION 17

SWEET POTATO & FETA 17

CURRY

VEGETABLE CURRY 14

With tomatoes, onions, carrots, broccoli, peas, green beans and herbs, served with rice and tzatziki

SALMON CURRY 19

With tomatoes, onions, carrots, broccoli, peas, green beans and herbs, served with rice and tzatziki

FISH

NEW!
SALMON SCHNITZEL & MASH 21

FISH & CHIPS 22
Served with grilled lemon

GRILLED SALMON 22
With basil mash and pak choi, served with salad

GRILLED SALMON ON POLENTA 25
With mushroom and French beans

SALMON PAPPILOTE 25
With roasted potatoes and Caesar dressing

PAN-FRIED SALMON STEAK 26
With teriyaki, stir-fried green vegetables, pak choi and toasted sesame seeds

ROASTED SEA BASS 26
With cream and basil gnocchi

GRILLED SEA BASS 26.5
With roasted baby potatoes, cherry tomatoes, French beans, mushroom and chimichurri salsa

SEARED TUNA 26.5
Served on gnocchi, pak choi, broccoli, kale, peas, toasted almonds and white wine

TUNA STEAK 27
With French beans, broccoli, pak choi and peas

PASTA

PENNE & TOMATO v 12

PENNE & ROSÉ SAUCE 13

FUNGI PENNE 15
Creamy sauce with mushrooms

GARDEN SPAGHETTI v 16
Garden peas, broccoli and zucchini

BROCCOLI, PESTO & CREAM PENNE 16.5

PENNE & ROASTED VEGETABLES 16
With rose sauce

ROASTED VEGETABLE LASAGNE 17
Served with side salad

TUNA BOLOGNESE SPAGHETTI 17
With onions, carrots, peas and herbs

SALMON LINGUINE 19
Cream, fresh tomatoes, basil, lemon zest

GNOCCHI v 19
With tomatoes, red onion and kalamata olives in white wine sauce

ZUCCHINI & SALMON LINGUINE 20
With creamy sauce and rocket leaves

CHEESE RAVIOLI 20
With cream and tomato sauce

RICE NOODLES 16
Stir-fried with vegetables, served with spring roll **Add salmon teriyaki for £8**

NEW!

SIDES

FRIES 5.5

MASH POTATO 7

CIABATTA GARLIC BREAD 7

CLASSIC TOMATO BRUSCHETTA 6

SPRING ROLLS (5PCS) 7



CRÊPES

SERVED WITH SALAD

FRENCH REVOLUTION Creamy mushroom sauce	13	SOYO Fried egg, tomato, spinach, mushroom and cheese	13
FIorentina Cream, spinach and parmesan	13	OMEGA-3 Tuna, corn and cheese	13
PHILADELPHIA Scrambled egg, salmon and cheese	13	TUNA & CHEESE	13

SWEET CRÊPES

GOLDEN LEMON Butter, sugar, lemon	8	BANOFFEE Banana, toffee and cream	10
NUTELLA	9	CRÊPE SUZETTE Fresh oranges, orange liqueur, brown sugar	10
BANANA SPLIT Belgian chocolate, banana, walnuts, cream	10	OREO COOKIE White & dark chocolate, oreo cookies	10
STRAWBERRY ADVENTURE Strawberry, white chocolate and cream	10		

FROYO

1 YOGHURT 4.95 Original Seasonal	2 TOPPINGS +1.00		
	FRUITY Strawberry Blueberry Cranberry Mango Pineapple Kiwi Banana Pomegranate Melon Apple Lychee Grapes Pear	NAUGHTY Oreos Salted caramel Chocolate brownie Marshmallow White chocolate Dark chocolate Digestive cookie Rainbow buttons Gummy bears Jelly beans Chocolate & vanilla halva	BOOSTS Almonds Walnuts Chia seeds Coconut shavings Granola Raisins Medjool dates
3 SAUCES +1.00 Dulce de leche Passion fruit Raspberry Peanut butter Honey Chocolate syrup Maple syrup			

DESSERTS

WARM CHOCOLATE CAKE Served with frozen yogurt	8.5
APPLE TART	8
YOGHURT BERRY CHEESECAKE	9

SOYO CAFÉ

SMOOTHIES

CHOOSE YOUR BASE:
Apple / Orange / Soya Milk /
Water / Yoghurt (+£1)

TROPICAL FRESH Coconut, mango, banana and lychee	7
PINEAPPLE TWISTER Mango, peach, papaya and pineapple	7
MANGO PASSION Mango, pear and passion fruit	7
AMAZON AÇAÍ Blueberry, strawberry, acai and mango	7
STRAWBERRY FANTASY Banana, dates, melon and strawberries	7
BERRY FOREST Blueberry, raspberry and mango	7
STRAWBERRY DELIGHT Strawberry, papaya and peach	7
SOYO DETOX Melon, cucumber and apple with a touch of lime	7

YOGHURT SHAKES

MESSY YOGHURT SHAKE Topped with oreo, chocolate brownies, rainbow buttons and whipped cream	7.5
STRAWBERRIES & CREAM Strawberries, white chocolate, cream	7.5
BANANA & DULCE DE LECHE With butter shortbread and white chocolate	7.5
MANGO & WHITE CHOCOLATE Mango, white chocolate, whipped cream	7.5

SOFT DRINKS

COKE / DIET COKE / COKE ZERO	3
FANTA / SPRITE	3
STILL WATER (S/L)	3/4
SPARKLING WATER (S/L)	3/4

SUPER SMOOTHIES

KALE, BANANA, MANGO & LEMONGRASS	7
AVOCADO, SPINACH, SPIRULINA, BASIL, APPLE & LIME	7
PEACH & PAPAYA NEW!	7

FRESH JUICES

FRESHLY SQUEEZED ORANGE	5
ORANGE AND CARROT	5
CARROT, GINGER AND CELERY	6
CARROT, BEETROOT AND CELERY	5

ICED DRINKS

COLD CHOCOLATE	5
COLD CAFÉ	4
ICE CHOCOLATE	5
ICE COFFEE	6
ICE LEMONANA	6
ICE AMERICANO	4
ICE INDIAN TEA	5

ALCOHOL

CORONA	5
PERONI	5
RED WINE	8/24
WHITE WINE	8/24

HOT DRINKS

ESPRESSO (SINGLE/DOUBLE)	2.25/2.75	ENGLISH TEA	2.65
MACCHIATO (SINGLE/DOUBLE)	2.25/2.75	MINT TEA	2.65
CAPPUCCINO (M/L)	3.75/4.00	LEMON TEA	2.50
LATTE (M/L)	3.85/4.25	ORGANIC HERBAL TEA	3.50
AMERICANO	3.45	Lemongrass & Ginger / Blackcurrant & Hibiscus / Pink Rosebuds / Peppermint / Chamomile / Green tea	
HAZELNUT LATTE	4.50	IRISH COFFEE (ALCOHOLIC)	5.00
CINNAMON LATTE	4.50	APPLE CIDER	4.95
TOFFEE LATTE	4.50	SAHLAV	5.00
CARAMEL MOCHA	4.50	INDIAN CHAI	4.00
FRENCH VANILLA LATTE	4.50	BABYCCINO	1.85
IRISH CREAM LATTE	4.50	OREO HOT CHOCOLATE	7
HOT CHOCOLATE	3.75	Belgian chocolate, oreo cookies, vanilla, marshmallow and whipped cream	
MOCHA	4.10	MESSY HOT CHOCOLATE	7
MOCHACCHINO	4.75	With whipped cream, salted caramel, rainbow buttons and chocolate topping	
CHOCOCCINO	4.50	FLAT WHITE	3.65
CHAI LATTE	4.00		

SOYO
CAFÉ

GOLDERS GREEN

020 8458 8788
94 GOLDERS GREEN ROAD
LONDON NW11 8HB

@SOYOLONDON

EDGWARE

020 8958 8181
307 HALE LANE
EDGWARE HA8 7AX

SOYO.CO.UK